



राष्ट्रीय आरोग्य अभियान जिल्हा परिषद धाराशिव  
योग शिक्षक (योग सत्रनिहाय) या पदाची  
थेट मुलाखत सन २०२३-२४

आरोग्यवर्धिनी कार्यक्रमांतर्गत जिल्ह्यातील आरोग्यवर्धिनी प्राथमिक आरोग्य केंद्र व उपकेंद्र या ठिकाणी साप्ताहिक योग सत्र घेण्यासाठी योग शिक्षक यांची निवड करणेसाठी थेट मुलाखत दि.०६/१२/२०२३ रोजी सकाळी १०.०० ते दुपारी ०२.०० या वेळेत आरोग्य विभाग जिल्हा परिषद धाराशिव येथे आयोजित करण्यात आली आहे. खालील अटी व शर्तीच्या अधिन राहुन निवड करण्यात येणार आहे.

अटी व शर्ती :-

१. आरोग्यवर्धिनी कार्यक्रमांतर्गत जिल्ह्यातील आरोग्यवर्धिनी प्राथमिक आरोग्य केंद्र, आरोग्यवर्धिनी उपकेंद्र व आयुष आरोग्यवर्धिनी केंद्र स्तरावर योग सत्र आयोजित करावयाचे आहेत.
२. योग शिक्षक यांना योग सत्र घेण्यासाठी रु.५००/- प्रति योग सत्र प्रति आठवडा प्रति आरोग्य संस्था याप्रमाणे मानधन देण्यात येईल. याव्यतिरिक्त कोणत्याही प्रकारचे प्रवास भत्ता, इंधन खर्च, दैनिक भत्ता देय असणार नाही.
३. योग शिक्षक प्रति दिन जास्तीत जास्त दोन आरोग्य संस्थेच्या ठिकाणी योग सत्र घेऊ शकतात. यापेक्षा जास्त योग सत्र घेता येणार नाहीत जास्तीचे योग सत्र घेतल्यास सदर जास्तीचे योग सत्राचे मानधन देय असणार नाही.
४. योग शिक्षक हे पद राज्य शासनाचे नियमित सेवेतील पद नसून निव्वळ कंत्राटी पध्दतीवरील सत्रनिहाय मानधनावरील असल्याने सदर पदावर कायमपणाचा हक्क असणार नाही. कायम करणेबाबत मा. न्यायालयात दाद मागता येणार नाही. तसेच शासनाचे सेवा नियम लागू राहणार नाहीत.
५. सोबत देण्यात आलेल्या मान्यताप्राप्त विद्यापीठ/संस्थेमधुन योग पदवी/पदविका उत्तीर्ण होणे आवश्यक आहे.

आवश्यक कागदपत्र :-

१. विहित नमुन्यातील अर्ज
२. मान्यता प्राप्त विद्यापीठ/योग संस्थेमधील योग पदवी/पदविका उत्तीर्ण असलेचे प्रमाणपत्र
३. इतर शैक्षणिक अर्हतेचे कागदपत्र
४. अनुभव प्रमाणपत्र (असल्यास)

निवड प्रक्रियेचे ठिकाण :-

जिल्हा आरोग्य अधिकारी कार्यालय दुसर मजला जिल्हा परिषद धाराशिव -४१३५०१

(डॉ. एस.एल. हरिदास)  
जिल्हा आरोग्य अधिकारी  
जिल्हा परिषद धाराशिव

**List of Universities / Institutions Conducting Yoga Courses**  
(as per the details available on University / Institutional websites)

S. No.	State	University/ Institution	Type of University	Courses Offered	Mode of Course
1	Andhra Pradesh	Andhra University Visakhapatnam - 530003	State University	1. PG Diploma in Yoga 2. M.A. in Yoga & Consciousness	
2	Andhra Pradesh	Rashtriya Sanskrit Vidyapeeth Tirupati-517 507 A.P.	Deemed University	1. Acharya (M.A.) in Sankhya Yoga 2. PGD in Yoga Therapy and Stress management 3. PGD in Yoga Vijnana (Distance Mode)	
3	Bihar	Bihar School of Yoga		1. Course in Yoga Studies - 4 months 2. Certificate in Yoga Sci. & Life Style - 3 months.	Regular
4	Chhattisgarh	Gurukul University H-14, b/h. T.V. Tower, Anupam Nagar, Raipur-01, Chattisgarh		1. Diploma in Yoga & Naturopathy	Regular
5	Chhattisgarh	Pt. RavishankarShukla University, Amanaka G.E. Road, Raipur- 492010	State University	1. M.A. Applied Philosophy & Yoga 2. P.G.D. in Yoga 3. Certificate Course in Yoga	Regular
6	Delhi	Moraji Desai National Institute of Yoga, New Delhi		1. B.Sc. (Yoga Science) - 3 yrs. 2. Diploma in Yoga Science - one year 3. Certificate Course in Yoga Science - 3½ Mths 4. Certificate Course in Yogasana- 3½ months 5. Certificate Course in Pranayama and Meditation - 3½ months 6. Foundation Course in Yoga Science - 1 Mth.	Regular
7	Gujarat	Bhavnagar University, Gaurishanker Lake Road, Bhavnagar - 364 022. Gujarat	State University	1. Diploma in Naturopathy & Yogic Science - 2 years 2. Diploma in Yoga - 1 year	Regular
8	Gujarat	Gujarat Ayurveda University, Jamnagar	State University	1. P.G.D. in Yoga & Naturopathy - one year 2. B.Sc. Yoga - three years 3. Certificate in Yoga and Naturopathy Therapies - 4 months (Full time) / 8 months (part time)	Regular
9	Gujarat	Gujarat University, Post Box No. 4010, Navrangpura, Ahmedabad - 380 009, Gujarat.	State University	1. Diploma in Yoga Education (SAP) - 1 year	Regular
10	Gujarat	Hemchandracharya North Gujarat University, P.B. No. 21, University Road, Patan- 384265	State University	1. Diploma in Yoga Education - 1 year	Regular
11	Haryana	Kurukshetra University, Kurukshetra Haryana, India Pin - 136119	State University	1. M.A. Music, Yoga & Health	Regular

12	Himachal Pradesh	Himachal Pradesh University, Shimla- 171005	State University	1. M. A. Diploma in Yoga Studies – two years 2. Diploma in Yoga Studies – one year	Regular
13	Jammu & Kashmir	University of Jammu Babasaheb Ambedkar Road New Campus, Jammu (Tawi)	State University	1. Diploma Course in Yoga – one year 2. Diploma Course in Yoga – six months 3. Advance Certificate Course in Yoga- three months 4. Certificate Course in Yoga – three months	Regular
14	Karnataka	Karnatakuniv., Pavate Nagar, Dharwad-580 003, Karnataka State,	State University	1. P.G.D. in Yoga Studies – one year 2. Certificate Course in Yoga Studies – two years	Regular
15	Karnataka	Mangalore Univ., Mangalagangothri, Konaje - 574 199	State University	1. M.Sc. Yogic Science – two years 2. P.G.D. in Yogic Sciences – one year 3. Certificate Course in Yogic Science – three months	Regular
16	Karnataka	Swami Vivekananda Yoga Anusandhana Samsthana No. 9, Appajappa Agrahara, Chamarajpet, Bangalore-560 018	Deemed University	1. PhD Yoga – three years 2. M.D. Yoga & Rehabilitation – three years 3. M. Phil Counselling & Yoga Therapy – three years 4. M.A. Yoga, Journalism & Mass Communication – two years 5. M.Sc. Yoga Management – two years 6. M.Sc. Yoga & Consciousness – two years 7. M.Sc. Yoga Education – two years 8. M.Sc. Yoga – two years 9. PGD in Yoga Therapy for Doctors – one year 10. PGD in Yoga Therapy – one year 11. BNYS – 4 ½ years + 1 yr internship 12. B.A. Yoga & Journalism – 3 years 13. B.Sc. Yoga & Management - 3 years 14. B.Sc. Yoga & Consciousness – 3 years 15. B. Sc. Yoga Education – 3 years 16. B.Sc. Yoga – 3 years 17. Yoga Therapy Orientation Training For Doctors – 3 months 18. Yoga Teachers Training Course 1 month 19. Yoga Instructor Course – 1 month residential / 3 months non-residential	Regular

17	Madhya Pradesh	Barkatullah Vishwavidyalaya, Bhopal Hoshangabad Road, BHOPAL-Madhya Pradesh	State University	<ol style="list-style-type: none"> <li>1. M.Phil. in Yogic Science – 1 year</li> <li>2. M.A/ M.Sc. in Human Consciousness &amp; Yoga Science – 2 yrs.</li> <li>3. P.G.D. in Stress Management (Yoga) – 1 year</li> <li>4. P.G.D. in Yoga Therapy – 1 year</li> <li>5. P.G.D. in Yogic Science – 1 year</li> <li>6. Certificate in Yogic Science – 3 months</li> </ol>	Regular
18	Madhya Pradesh	Dr. Harisingh Gour Vishwavidyalaya, Sagar, Madhya Pradesh-470 003	Central University	<ol style="list-style-type: none"> <li>1. M.Sc. / M.A. Yoga- 2 years</li> <li>2. B.A. Yoga- 3 years</li> </ol>	Regular
19	Madhya Pradesh	Jiwaji University, Gwalior- 474011 (M.P.)	State University	<ol style="list-style-type: none"> <li>1. P.G.D. in Yoga Therapy – 1 ½ years</li> <li>2. Diploma in Yoga – 1 year</li> <li>3. Certificate in Yoga – 6 weeks</li> </ol>	Regular
20	Madhya Pradesh	Lakshmbai National Institute of Physical Education Mela Road, Shakti Nagar, Gwalior-474 002, M.P.	Deemed University	<ol style="list-style-type: none"> <li>1. M.A. Yoga – two years</li> <li>2. P.G.D. in Yoga &amp; Alternative Therapy – 1 year</li> </ol>	Regular
21	Madhya Pradesh	M.G. Gramodaya Vishwavidyalaya, Chitrakoot-485331, Dist. Satna	State University	<ol style="list-style-type: none"> <li>1. P.G.D. in Naturality &amp; Yogic Science – 1 year</li> <li>2. B.A. Human Consciousness &amp; Yogic Sciences – 3 years</li> </ol>	Regular
22	Madhya Pradesh	Rani Durgavati Vishwavidyalaya, Saraswati Vihar, Pachpedi, Jabalpur (M.P.) PIN 482 001	State University	<ol style="list-style-type: none"> <li>1. M.A. Human Consciousness &amp; Yogic Sciences</li> <li>2. P.G.D. in Yoga</li> <li>3. Certificate Course in Yoga</li> </ol>	Regular
23	Maharashtra	Kaivalyadhama, Lonavla, Pune		<ol style="list-style-type: none"> <li>1. P.G.D. Yoga Therapy – 1 ½ years</li> <li>2. P.G.D. in Yoga Education – 1 year</li> <li>3. Advanced Teacher Training Course – 1 month</li> <li>4. Certificate Course in Yoga – 6 weeks</li> <li>5. Certificate Course in Traditional Texts in Yoga- 21 days</li> <li>6. Certificate Course for Yoga Teachers SPA Therapies – 21 days</li> <li>7. Basic Course in Yoga and Ayurveda – 21 days</li> <li>1. Vocational Yogic Foundation Course</li> </ol>	Regular
24	Maharashtra	North Maharashtra University, Jalgaon-425 001.	State University		
25	Maharashtra	Ramamaniyingar Memorial Yoga Institute, Pune		Various training programmes based on Yoga	
26	Maharashtra	SantGadge Baba Amravati University, Amravati-444602	State University	<ol style="list-style-type: none"> <li>1. P.G.D. in Yoga Therapy – 1 year</li> <li>2. Diploma in Yoga Education</li> </ol>	Regular

27	Maharashtra	The Yoga Institute, Santacruz, Mumbai			1. Teachers Training Course – 1 year 2. Teachers Training Course – 7 months 3. Comprehensive Teachers Training Course – 3 months 4. Teachers Training Course (TTC) – 1 month	Regular
28	Maharashtra	University of Mumbai, Mumbai- 400032		State University	1. Advance Diploma in Yoga 2. Diploma in Yogic Education 3. Certificate in Yoga	
29	Maharashtra	YashwantraoChavan Maharashtra Open University, Nashik-422 222, M.S.		State University	1. Diploma in Yoga Sikshak (Distance Mode) – one year	
30	Odisha	Indian Institute of Yogic Science & Research, Bhuvneshwar, Odisha			1. Master Degree in Yoga – 2 years 2. Yoga Teachers Training Course – 1 month	Regular
31	Odisha	Utkal University, Bhubaneswar-751 004.		State University	1. P.G.D. in Yoga Education – 1 year	Regular
32	Rajasthan	Jai Narain Vyas University, BhagatkiKothi, Pali Road, Jodhpur		State University	1. Diploma in Yoga Education – 1 year	
33	Rajasthan	Maharishi DayanandSaraswati University, Ajmer-305009, Rajasthan		State University	1. Diploma in Yoga Science – 2 years 2. Certificate Course in Yogic Science – 1 year 3. Yoga Instructor Certificate Course – 6 months 4. Yoga Therapy for Ailments – 2 months	
34	Tamilnadu	Alagappa University, Alagappa Nagar, Karaikudi-630003, T.N.		State University	1. P.G.D in Yoga – 1 year	Regular
35	Tamilnadu	Annamalai University, Annamalaiagar-608 002		State University	1. M.Sc. Yoga – 1 year (part time) 2. P.G.D. in Yoga – 1 year (Part time) 3. Diploma in Yoga - 1 year (part time)	
36	Tamilnadu	Krishnamacharya Yoga Mandiram, Chennai			1. International Yoga Teachers Training Programme – 2 years	
37	Tamilnadu	Tamilnadu Physical Education & Sports University, Chennai		State University	1. M.Sc. Yoga Therapy – 2 years 2. B.Sc. Yoga – 3 years	Distance Distance
38	Tamilnadu	M.S. University, Thirunelveli		State University	1. M.Sc. Yoga – 2 years 2. PG Diploma in Yoga – 1 year 2. B.Sc. Yoga – 3 years	Distance Distance Distance
39	Tamilnadu	Bharathidasan University, Trichy		State University	1. M.Sc. Yoga – 2 years 2. PG Diploma – 1 year	Regular Regular
40	Tamilnadu	Bharathiyar University, Coimbatore		State University	1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance
41	Tamilnadu	Tamil University, Tanjore		State University	1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance

42	Tamilnadu	University of Madras				1. M.A. Yoga – 2 years 2. B.A. Yoga – 3 years	Distance Distance
43	Uttar Pradesh	Banaras Hindu University, Varanasi, 221 005, U.P.		Central University		1. Diploma in Naturopathy & Yoga Therapy – 2 ½ years	Regular
44	Uttar Pradesh	Dr. B.R. Ambedkar University, Agra-282 004		State University		1. Diploma in Yoga Education – 1 year	Regular
45	Uttar Pradesh	University of Lucknow, Lucknow-226 007		State University		1. M.A. Yoga – 2 years 2. P.G.D. Naturopathic Science & Yoga- 1 year	Regular
46	Uttar Pradesh	M.J.P.Rohilkhand University, Bareilly-243 006		State University		1. P.G.D. in Yoga – 1 year	
47	Uttar Pradesh	Dr Ram ManoharLohiaAwadh University, Faizabad-224 001		State University		1. P.G.D. in Yoga Therapy – 1 year	Regular
48	Uttarakhand	Dev Sanskrit Vishwavidyalaya Gayatrikunj, Shantikunj Haridwar-249 411 (U.K.)		Private University		1. M.A. Applied Yoga & Human Excellence – 2 years 2. M.Sc. Yogic Sciences & Holistic Health – 2 years 3. P.G.D. in Yoga Vijnana -1 year 4. P.G.D. in Human Consciousness & Yoga Therapy – 1 year 5. Foundation Course in Yogic Science (Distance Mode) – six months 6. Certificate Course in Yoga & Alternative Therapy – six months 7. B.Sc. Yoga – 3 years 8. B.A. Yoga – 3 years	Regular
49	Uttarakhand	GurukulKangriVishwavidyalaya Haridwar-249 404 Uttrakhand.		Deemed University		1. M.A./M.Sc. in Human Consciousness & Yogic Sci. -2 years 2. P.G.D. in Human Consciousness & Yogic Sciences – 1 year 3. B.A./B.Sc. Yoga – 3 years 4. Diploma in Yoga Sciences (Distance Mode) 5. Certificate Course in Yoga – 6 months	Regular
50	Uttarakhand	HemwatiNandanBahugunaGarhwal University, Srinagar, Garhwal-246174		Central University		1. M.A. Yoga & Alternative Therapies – 2 years 2. P.G.D. in Yogic Science – 1 year 3. Certificate Course in Yoga – 1 month	Regular
51	West Bengal	Jadavpur University, Calcutta-700 032, W.B.		State University		1. P.G.D. in Yoga Therapy – 2 years	Regular